



# Wednesday Weekly

Issue 15 2017 Term 2 Week 9

Date 20<sup>th</sup> June, 2017

*A weekly newsletter for families and friends of Thornleigh West Public School*

## Diary Dates Term 2

21 June	TWPS at Pennant Hills High School
23 June	Lolly Drive for Spring Fair 8.45am Dance rehearsal 7.30pm Dance at Glen Street Theatre
26 June	5pm dance at Glen Street Theatre Reports home School interview bookings open
27 June	Athletics Carnival Pennant Hills Park
28 June	11.30am Dance group matinee Principal's Morning tea
29 June	Kindergarten Athletics
30 June	Last day term 2

## Diary Dates Term 3

17 July	Staff Development Day – children not at school
18 July	Children return to school School interview bookings close Life Education starts
23 July	Waka rehearsal
25 July	Mufti Day – chocolate bar collection Spring Fair K-2 interview evening 3 – 7pm
26 July	Yrs 3 – 6 interview evening 3-7pm
1 August	7.30pm P & C meeting
4 August	Education Week Open Day 9.15am – 11.30am

Dear Parents and Caregivers,

Recently I attended an information session on the new Healthy Schools Canteen strategy. It is great know that TWPS canteen already addresses many of the changes required.

We all know as parents and carers the importance of encouraging your children to make healthy food and drink choices.

Easy to say, but sometimes not so easy to do!

Our busy lifestyles can often be hard on our family's health. That's why it's so important to stop, take stock and make a conscious decision to follow a healthy lifestyle.

Healthy eating and drinking is one of the most important elements in following a healthy lifestyle.

### Top tips:

- Be creative!  
A healthy lunch keeps active kids alert and focused and gives them the nutrition they need every day. But no matter how healthy your child's lunch box is, it won't provide any nutritional value if it doesn't get eaten!
- Choose from a variety of food types: fruit and vegetables, starchy food, protein and dairy
- Don't forget the WATER!
- Practical ideas to keep your lunch box not only tasty but safe.

Have a great week.

Chantal Mamo

BTeach BEd MA Creative Arts



### Celery, Ham and Egg Roll-Ups



Lunch box idea

### Ingredients

2 hard-boiled eggs, peeled	2 tsp margarine spread
1 tbs mayonnaise	60g shaved (lean 97% fat free) leg ham
1 tsp Dijon mustard (optional)	1 stalk celery, cut into thin strips
2 pieces rectangular flat bread (e.g. sorj or mountain bread)	20g (about $\frac{3}{4}$ cup) baby spinach leaves or rocket leaves

### Method

1. Place eggs in a bowl. Add mayonnaise and mustard and mash well with a fork.
2. Lay the flat breads on clean surface. Spread thinly with margarine. Arrange ham in a row across the bottom third of each piece.
3. Spoon the egg mixture evenly across ham layer. Top with a row of celery strips and spinach leaves. Roll up firmly.
4. Wrap rolls in greaseproof paper or plastic wrap. Refrigerate 1 hour (or overnight if preferred). Remove wrapping. Cut each roll into 4 to serve. Serve with cucumber sticks if desired.

Recipe can be prepared a day ahead. Keep the wraps refrigerated until required.

## Deputy's Message

### Reports / Parent Teacher Interviews



Semester 1 student reports will be sent home on Monday of week 10. Comments in the Key Learning Area (KLA) sections outlined and described stage expectations for that area of learning and described the work undertaken by the students. Individual achievement against stage expectations is made for each KLA and an indication of the teacher's assessment of student effort in the learning area given. It should be noted that a 'Sound' grade indicates that students are achieving at the level expected for their stage of learning (see descriptors for each grade on the front page of the report).

Teachers will be offering parent teacher interview early in Term 3 to discuss the report and / or your child's progress. Parent teacher interviews will be held in week one commencing on Wednesday 19 July (Week 1 of Term 3), with teachers making times available until 6:50pm on the 25 July for K-2 and / or 26 of July for Years 3 - 6 for parents who need a later timeslot. Appointments can be made online (as in Term 1), with the interview appointment site **going live for appointments on Monday 26 June** (week 10 this term).

Parent / teacher interviews may, however, be made at other times using the green appointment slip in the office foyer. Please use this method of making an appointment or call the school office and leave a message for the teacher if you require time to meet.

A note will be sent out this week with the following information for Interviews held in weeks one and two of term 3.

Please note:

- 1L and Kindy Red interviews times will be available to book early next term.
- Go to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au).
- Enter the code
- Unique parent code is **x87q4** and click "Go"
- Bookings will close on Tuesday 18<sup>th</sup> July

Late evenings are until 7pm:

**Years K – 2** – Tuesday July 25th

**Years 3 – 6** – Wednesday July 26th

### Strategies for Dealing With Unacceptable Behaviour

All schools have procedures for good discipline and effective learning which include rewards and recognition for positive behaviour and achievements, which at Thornleigh West includes our PBEL system (bluey, orangies, greenies, certificates, medals, etc); and procedures and strategies for dealing with unacceptable or inappropriate behaviour.

It is important that incidents of unacceptable behaviour are noted and tracked so remedial interventions can occur if necessary. These may include verbal warnings or reprimand, counselling, lunch timeout, parent interviews or in more extreme circumstances suspension or expulsion.

To track and record incidents at our school, white **Minor Incident Report** cards or yellow **Behaviour Cards** are recorded.

Yellow cards are for more serious incidents and generally result in lunchtime out and a note home to parents informing them of the incident.

White minor incident report cards have no further consequences unless repeated incidents occur, 3 times in a week or 5 times in a term result in the issuing of a yellow card, lunch timeout and a note home. White MIR's are a more formal than verbal reprimand to a student that notice needs to be taken and what occurred should not be repeated.

Examples of behaviour resulting in these incidents being recorded are set out as follows...

(White MIR) Examples but not limited to	(Yellow Behaviour card) Examples but not limited to
<ul style="list-style-type: none"> <li>☑ Out of bounds</li> <li>☑ Running on hard surfaces</li> <li>☑ Playing in toilets</li> <li>☑ Playing after bells</li> <li>☑ Late to class after recess and lunch (or other activity)</li> <li>☑ Littering</li> <li>☑ Disruptions to games or harmony</li> <li>☑ Swearing among students</li> <li>☑ Calling others names</li> <li>☑ Harassing of others</li> <li>☑ Climbing trees and fences</li> <li>☑ Playing with sticks and stones</li> <li>☑ Splashing water</li> <li>☑ Lifting another child</li> <li>☑ Without a hat (after warnings)</li> <li>☑ Rough play</li> <li>☑ Disobedience</li> <li>☑ Minor classroom misbehaviours</li> </ul>	<ul style="list-style-type: none"> <li>☑ Physical and dangerous play. E.g. wrestling, tackling, biting, pushing, tripping, hitting, kicking, fighting, toe stomping, inappropriate touching</li> <li>☑ Throwing sticks, rocks, objects</li> <li>☑ Inappropriate behaviour towards others, eg, dacking, rude or sexual innuendo</li> <li>☑ Inappropriate behaviour in toilets</li> <li>☑ Bullying (repeated verbal, physical, psychological, social or cyber)</li> <li>☑ Demanding possessions/money to join in</li> <li>☑ Open/loud swearing</li> <li>☑ Encouraging an act of violence or inappropriate behaviour</li> <li>☑ Leaving school grounds (without permission)</li> <li>☑ Graffiti</li> <li>☑ Racism</li> <li>☑ Open defiance or disrespect / rudeness /swearing / lying /verbal abuse /shouting to person in authority</li> <li>☑ Spitting</li> <li>☑ Stealing</li> <li>☑ Interfering with or deliberate/malicious damage to personal or school property</li> <li>☑ Possession of banned substances and objects</li> <li>☑ Inappropriate social media use</li> </ul>

It should be noted, however, the consequences above may vary depending on mitigating circumstances that need to be taken in to account such as situation or setting, provocation, prior warnings given, previous/prior behavior record of student, etc. Consequences imposed are at the discretion of executive staff, with the aim of being as consistent as possible.

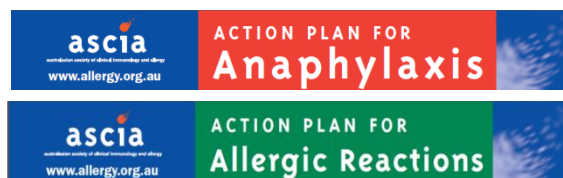
### Health Care Plans

Thank you to the many families who have responded promptly to our annual review of health care plans and the additional asthma, allergy and anaphylaxis plans that may be associated for your child.

If you have been so far unable to complete these documents, the holidays may be a good opportunity to have this time. I appreciate coordinating a colour copy of **ascia plans** can be timely, however this is such a crucial requirements in supporting students health care needs.



I thank you in advance for your continued support.



## Kindergarten Area

As we draw to the end of term 2, our kindergarten teachers are thrilled with how our boys and girls have settled into school life. To assist this in the mornings, it would be greatly appreciated if parents and / or carers say faerwell at drop off time for students and let them settle into the playground well before bell time. This allows students to separate from parents, and adjust to the start of the school day rather than just before the bell goes and it's time to move off to class. That time od playing a little game with classmates or friends is a great little window of time to transition from home to school.

Could we please remind all parents and visitors that student toilet facilities are strictly **ONLY STUDENT ACCESS**. If a parent wishes to use these facilities please come to the front office, where more appropriate facilities can be made available. Student safety and wellbeing is paramount. Thank you for understanding.

Kindergarten teachers welcome parents at any time to make an appointment to meet and talk with the teacher regarding specific concerns or enquiries. This allows the meeting to have the consideration and time it requires. The times before and after school are often busy with class preparation, meetings and staff collaboration on tasks and teachers may not always have time to immediately meet with you. Thank you again for assisting the teachers with these arrangements.

## Athletics Carnival for K / Year 1– 2

A friendly reminder that there two separate events for our K- 2 students around athletics this year.

- Years 1 and 2 will be joining years 3 – 6 at Pennant Hills Park next Tuesday 27 June
- Kindergarten students are engaging in a athletics session led by SportsPro specialists and our Kindy teachers on Wednesday 29 June 11:20 – 1:20pm.

Parents are welcome to both events.

Kind regards,

Julie Granville  
Deputy Principal R

**P&C REPORT** - Follow us on  [www.facebook.com/TWPSPC](http://www.facebook.com/TWPSPC)

Dear School Community, please find following this weeks P&C Report:

**CLASS 1G LOLLY DRIVE:** To help reduce outgoing costs for the Lolly Stall – 1G are running a LOLLY DRIVE. They are asking families to donate a bag of lollies or a gold coin donation by THIS Friday 23<sup>rd</sup> June. The SRC will come and collect all donations in the morning. Thank you for your support with this initiative.

**AUSTRALIA'S BIGGEST MORNING TEA: Monday 26<sup>th</sup> June:** The SRC are asking that each family please bake something for the students to sell on the day. All donations can be delivered to the Canteen. PLEASE label all containers clearing with a name for collection after the event. Baked items can be biscuits, cupcakes, slices, muffins, cakes – please remember no nuts. Items will be sold at recess for .50c or \$1. Students can bring in a picnic rug to share their morning tea with friends in the Quadrangle AND we encourage parents/carers to come in also to share this experience with your child/children if you can. Time: 11am – 11.20am.

**THE 5 cent CHALLENGE:** The P&C will be running a **5c CHALLENGE!** To save money from hiring extra Marquees we require at Spring Fair, we are hoping to raise lots of money via your 5c pieces! A flyer will be sent home next week about the challenge but we are kick starting the challenge NOW! Save all your 5c pieces and bring them to the class money box (in classrooms next week). The class that brings in the MOST 5c pieces will win a CUPCAKE party with thanks to our Sponsors **SAE HOME LOANS** \*\*we will accept any silver money (or Gold if you are feeling generous!) however the class winners will be based on how many 5c pieces are in the money boxes!!!



**SPRING FAIR:** Follow us on  [www.facebook.com/TWPSSpringFair](http://www.facebook.com/TWPSSpringFair)

And our Website [www.twpsspringfair.com](http://www.twpsspringfair.com)

**\*\*\*\* EVENT WEBSITE IS NOW UPDATED TO REFLECT 2017 SPRING FAIR \*\*\*\***

**Sponsors:** We welcome **MINT FRESH IGA WESTLEIGH** (opening July) as a BBQ Sponsor and 4<sup>th</sup> prize donation for our RAFFLE, plus **AUSTRALIAN PATISSERIE ACADEMY** as a Competition Sponsor for the Baking Competition! Thank you to all of our Sponsors of Spring Fair! Ray White CTWPH - Platinum Sponsors. Gold Sponsors: Westleigh Village, Soames Real Estate, Centech Online, Signarama. Silver Sponsor: Normanhurst Vet. Bronze Sponsors: Scooda, Semitone Music, North Connex. Stall Sponsor: Di Jones Real Estate. Raffle Sponsors: Ray White CTWPH, Westleigh Village, F45 Training Westleigh, Ryan's Gourmet Kitchen & Tree Tops WPH. Competition Sponsors: Sydney Art School, Berkelouw Books Hornsby, Young Engineers. WOW What an incredible list of amazing businesses who support our school. THANK YOU. Please LIKE our Sponsor posts on FB as a way of saying THANK YOU and remember when you are in their stores personally thank them for sponsoring our school!

**Sponsorships:** We still have LOTS of opportunities for Sponsors at Spring Fair – it's not late! Please email me for information on becoming a sponsor! [twpspandc@gmail.com](mailto:twpspandc@gmail.com)


**Competitions:** This year we have: Lego Challenge / Art Competition / Baking Competition / Creative Writing Competition / Colouring-In Competition. All Competitions will cost \$2 per entry and yes you can enter as many times as you like! LOTS of amazing prizes for FIRST PLACE winners! More details on each competition will be sent week 1 of Term 3.

**Class Parents:** Thank you to all the Class Parents who came to our Spring Fair meeting last night. Rosters have or will be going out in the coming week. We ask all of our school community to please work with your Class Parent and help volunteer with a slot on the day. Spring Fair can only be successful because of our amazing parent community helping! THANK YOU!

**YEAR 6D SUSTAINABILITY PROJECT:** In order to support the year 6 project, we are aiming to reduce our printing we ask that everyone PLEASE read emails sent and also use the School Stream APP to get information about Spring Fair. We will as much as we can reduce the amount of notes sent home. Remember to follow the Spring Fair Facebook page AND P&C Page for updates also.

#### **2017 P&C MEETING DATES:**

1st August, 5th September, 24th October, 28th November. If you have any agenda items you would like to discuss, please send them via email asap.

Please follow us on our  Facebook pages as above. We often post information during the week on these pages.

Have a great week everyone. As always, if you need anything feel free to email or come and see me at school!

Vanessa Erickson  
P&C President  
[twpspandc@gmail.com](mailto:twpspandc@gmail.com)

#### **BAND NEWS**

**Pennant Hills High School Musical Festival** Senior Concert band is playing alongside PHHS and WPHPS at the music festival tonight at 5:30pm. Children are to meet at PHHS library in full school winter uniform. All TWPS parents are welcome to attend.

**Instrument Servicing** – some hired instruments will be serviced in the school holidays. If you have received an email from our instrument coordinator Michelle Patmore, please assist her by returning the instrument as directed. If you didn't receive an email, your instrument is therefore not required for servicing at this time.

**Band dates for your diary**

21<sup>st</sup> June – PHHS Music Festival for SCB, arrival 4:45pm, concert 5.30pm.

30<sup>th</sup> June – Senior Band morning rehearsal at PHHS, arrival 7:25am.

18<sup>th</sup> July – Term 3 rehearsals commence

Sun 6<sup>th</sup> Aug – UNSW Band Festival – all bands

21<sup>st</sup> September – Stage Band perform at the Sydney Town Hall.

Sun 29<sup>th</sup> Oct – Hornsby North Band Festival – all bands

Sun 3<sup>rd</sup> Dec – Band end of year concert – from 2:30pm.

For further information about the band program please email the band.

Robin Beard (Band Convener) and Nicole Ng (Assistant Convener)

Email: [twpsband2011@gmail.com](mailto:twpsband2011@gmail.com)

<https://twpsbandc.wordpress.com/band/>

TWPS Prayer Group

Meeting in term 2 on:

Week 10          June 27<sup>th</sup>

Everyone is welcome to join us.

Enquiries :          Annie Mackie [twpsprayerteam@gmail.com](mailto:twpsprayerteam@gmail.com)  
0435 005 216

Please contact us directly if you'd like us to pray  
for something in particular.

The School Athletics Carnival is on 27<sup>th</sup> June 2017. The canteen will be operating and here is a list of available items.

## **Pennant Hills Football Club**

### **Hot Food**

- Sausage Sandwich/Roll \$4.00
- Bacon & Cheese Roll \$4.00
- Sausage Roll \$3.00
- Meat Pie \$4.00
- Spinach and Ricotta roll \$4.00

### **Drinks**

- Soft Drinks \$2.00
- Powerade \$4.00
- Water or Juice \$2.00
- Sparkling Water \$1.50

### **Lollies**

- Sour Straps 20c each or 6 for \$1.00
- Red Frogs bag \$1.00
- Vampire chews 50c
- Pythons 50c
- Cloud and Worm tubs \$2.50
- Love Hearts \$1.00
- Assorted Chips \$2.00
- Assorted chocolate bars \$2.00
- Curly Wurly \$1.00
- Cupcakes \$1.00





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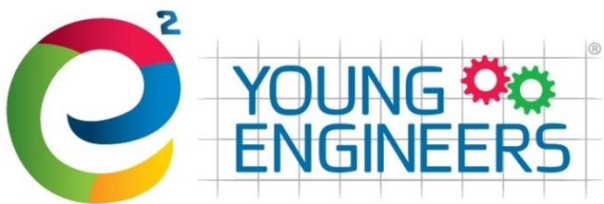
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